

1.

Decide
what
you want

2.

Get Specific

This template is
for one desire!

Specific
Measurable
Achievable
Relevant
Time bound

Write
the actions
on the road
towards
to your goal!

6.

Set Your
Assessments
and Schedule

5.

Create Your
Goal-Achiever
Identity

4.

Set Your Action-Based Goals

3.

What Will You Need To Do
and What Might Get In Your Way